ODD FEELINGS

By Massimo Russo

with Dom Famularo

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PO Box 45, Whippany, NJ 07981 USA

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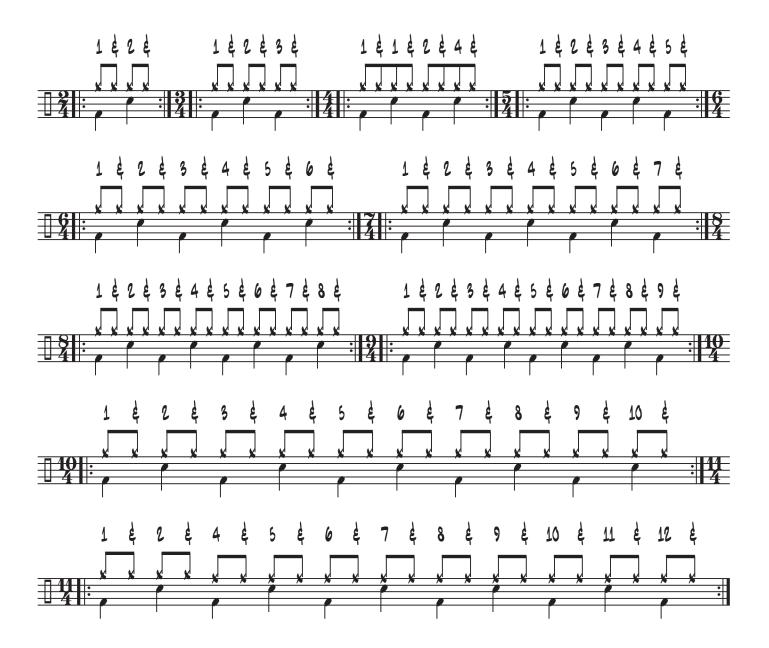
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Counting Exercises

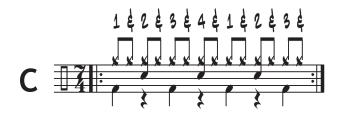
This is a simple set of exercises designed to help you understand the feeling of shifting between quarter-note-based meters. You can see that each measure has a different time signature, but all have a 4 as the bottom number, thus they are all based on quarter notes.

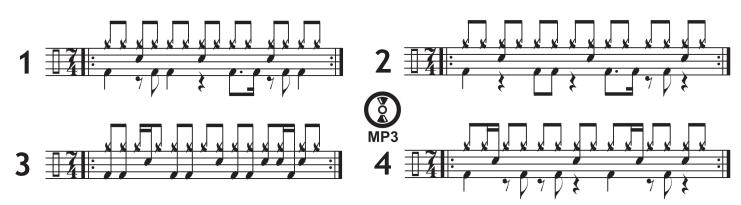
- Start slowly and increase the speed as you become more comfortable.
- Count out loud.
- Repeat each measure twice.



Grooves in 7/4

7/4 counted "4 + 3"





7/4 counted "3 + 4"



