

ODD FEELINGS

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with Dom Famularo

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Counting Exercises

This is a simple set of exercises designed to help you understand the feeling of shifting between quarter-note-based meters. You can see that each measure has a different time signature, but all have a 4 as the bottom number, thus they are all based on quarter notes.

- Start slowly and increase the speed as you become more comfortable.
- Count out loud.
- Repeat each measure twice.

1 & 2 & 1 & 2 & 3 & 1 & 1 & 2 & 4 & 1 & 2 & 3 & 4 & 5 &

1 & 2 & 3 & 4 & 5 & 6 & 1 & 2 & 3 & 4 & 5 & 6 & 7 &

1 & 2 & 3 & 4 & 5 & 6 & 7 & 8 & 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8 & 9 &

1 & 2 & 3 & 4 & 5 & 6 & 7 & 8 & 9 & 10 &

1 & 2 & 4 & 5 & 6 & 7 & 8 & 9 & 10 & 11 & 12 &

Grooves in 7/4

7/4 counted "4 + 3"

1 ♩ 2 ♩ 3 ♩ 4 ♩ 1 ♩ 2 ♩ 3 ♩

C

1

2

3



MP3

4

7/4 counted "3 + 4"

1 ♩ 2 ♩ 3 ♩ 1 ♩ 2 ♩ 3 ♩ 4 ♩

5

6

7

8



MP3



9