

unit 1 Pulse and rhythm

Lesson one Pulse and rhythm

Fact file

Pulse is the heartbeat of music. It's regular like the 'tick, tock' of a clock.
If it stops, call an ambulance quick!

Rhythm is made up of long and short sounds that move along to the 'tick, tock' of the pulse.



Rhymes and rhythms

Say 'Tick, tock' like a clock while your teacher says the rhyme, and then swap over.



Pulse: Tick, tock, tick, tock, tick, tock, tick, tock.

Rhythm: Hick-or-y Dick-or-y dock, the mouse ran up the clock.

- ? Can you describe the difference between the two parts?
- ? Can you clap the rhythm part while your teacher says 'Tick, tock'?

Now try counting the pulse while your teacher says this rhyme:

Pulse: 1 2 3 4, 1 2 3 4 ...

Rhythm: This old man he played one, he played knick knack on my drum ...

Challenge!

Can you tap the pulse at the same time as finishing the rhyme?

Add the pulse numbers above the words.

Pulse: / _____

Rhythm: ... Knick knack paddy whack, give a dog a bone,

Pulse: _____

Rhythm: This old man came rolling home.

Try this at home

Ask your mum or dad to be the clock while you say your favourite rhyme.



unit 3 Dynamics

Lesson one Loud and soft

Fact file

Pitch tells you **what** note to play ...

Rhythm tells you **when** to play it ...

Dynamics tell you **how** to play it.

Piano means **soft**

Forte means **loud**

hot tip

Make music more interesting by including dynamics. They help you to tell a story with the notes and rhythms.

The language of music



Piano and forte are Italian words, like pizza and pasta. Try these tricky tongue-twisters to help you remember them.



Peter put a piece of pizza, on a peaceful piano.

(Whisper and clap the rhythm with one finger)

Fifty four foghorns, formed a forte fanfare.

(Shout and stamp your feet)

Now invent a rhythm that fits the words, 'I like music' and tap it on the table, changing from loud to soft when your teacher says *forte* or *piano*.

? Did you keep a steady pulse?

Swap over and test your teacher!

Challenge!

Pick a piece of music that you already know and play it loud or soft when your teacher says.

Try this at home

Can you make up your own tongue-twisters for *piano* or *forte*?



Practice tests 2

Set the clock for a 30-second countdown.

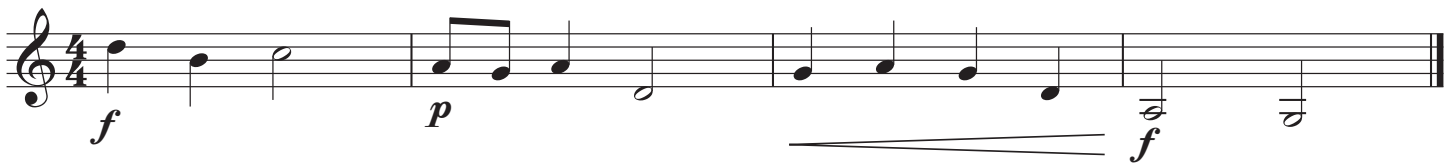
- Check the time signature, then count and clap the rhythm.
- Check the key signature – find any sharps or flats.
- Scan the shape for steps, skips or jumps.
- Don't forget the dynamics for extra marks.



Don't worry if there's something you don't know: fake it, but don't retake it! And don't stop until you reach the finish line.



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2



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